

How the workforce centres are supporting you

July – September 2016

Here's an update on a range of initiatives and activities from New Zealand's mental health and addiction workforce centres to support your workforce development needs.

This quarter we share updates and activity happening during July – September from Matua Raki, Te Pou, Te Rau Matatini and The Werry Centre.

1. Project updates

Newsletter and workshops offer implementation support for *Supporting Parents, Healthy Children* guideline

Many organisations and DHBs are putting the *Supporting Parents, Healthy Children* guideline into practice. To ensure you're partnering with families/whānau to maximise their experience of parenting and the wellbeing of their children, a newsletter with implementation updates is being provided by the Werry Centre, and registrations are now open for five further practice level implementation workshops.

Support is also available from the project team. To be put in contact with someone please email Bronwyn Dunnachie (b.dunnachie@auckland.ac.nz).

Download the implementation newsletter from the [Werry Centre's website](#) (under 'Current workforce projects').

Find out more and register for a workshop at www.tepou.co.nz/events



Alcohol and Drug Outcome Measure (ADOM) update

1 July 2017 marks one year since adult, community outpatient alcohol and other drug (AOD) services were required to start using and reporting ADOM. The response from the sector has been excellent with around 80 per cent of the mandated services now reporting ADOM into PRIMHD. ADOM data held in PRIMHD will be used in reports to help improve service delivery from the end of this year.

Te Pou is supporting the sector with training, videos, e-message groups and service visits.

Sign up to the Te Pou e-bulletin to stay updated on next steps for ADOM: www.tepou.co.nz/subscribe

Skills Matter programme impact and outcomes

Skills Matter programmes are well underway for 2016 with 313 students supported into post-entry clinical training.

Te Pou monitors and evaluates the Skills Matter programme to understand the impact it has and look for ways to improve it.

Te Pou's planning for 2017 and services and staff are encouraged to think about whether Skills Matter can support you next year.

Take a look at the impact and outcomes of Skills Matter programmes at www.tepou.co.nz/skillsmatter

Early Intervention in Psychosis

Following the success of the recent mental health leadership day focused on early intervention in psychosis services, Te Pou is working in partnership with the Werry Centre to continue to support this workforce with access to e-learning modules for practitioners new to this field, and more experienced clinicians. A community of practice for people working in early intervention in psychosis services will also be developed. These will be available over the next nine months.

If you are interested, please contact Mark Smith (mark.smith@tepou.co.nz)

Addiction sector fortnightly updates directly to your inbox

Matua Raki sends regular email updates to people interested in keeping up to date with relevant addiction sector news, upcoming events and job vacancies.

To sign up to the addiction sector noticeboard visit www.matuaraki.org.nz/subscribe

2. Upcoming publications

Addiction recovery stories aim to help people take steps toward their own recoveries

The Matua Raki Consumer Leadership Group has gathered a range of recovery stories to be published in a booklet that will be freely available in addiction, mental health and primary care services.

"By sharing our stories we hope that others thinking about or seeking support get to see that change is possible and that the pathways to recovery are many and varied."

The book of stories will be launched at the next addiction leadership day in Auckland on Thursday, 21 July.

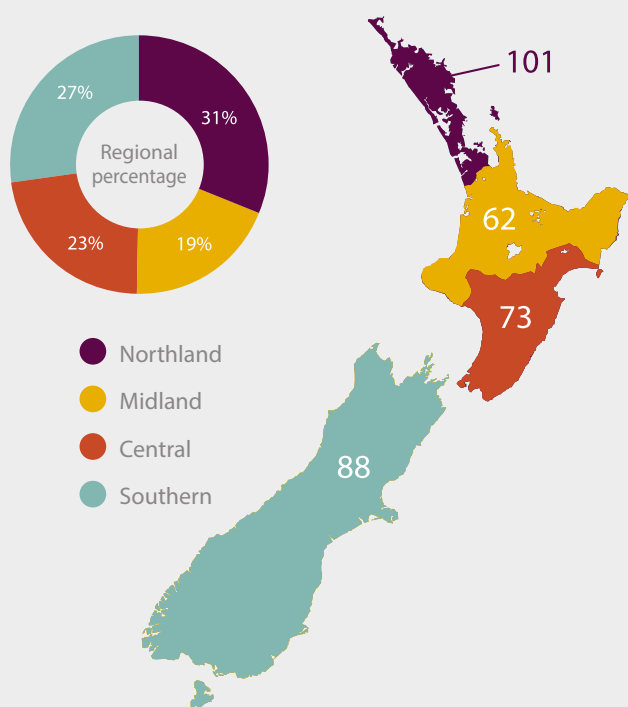
Register for addiction leadership day on the [Matua Raki events page](#).

Journal of Indigenous Wellbeing: Te Mauri-Pimatisiwin

Te Rau Matatini are now producing the Pimatisiwin Journal. *The Journal of Indigenous Wellbeing: Te Mauri-Pimatisiwin* is a continuation of the previously published top ranking international indigenous journal *Pimatisiwin: A Journal of Aboriginal and Indigenous Community Health*.

The first issue, managed by Te Rau Matatini, will be a special Healing Our Spirit Worldwide edition. Due for release in July, the issue includes articles from editorial chair Professor Linda Waimarie Nikora; the general editor from Canada, Dr

Number of students per region in 2015





Patti LaBoucane-Benson; Dr Kahu McClintock; and journal coordinator Jade Sewell.

For more information about the journal visit www.journalindigenouswellbeing.com

Indigenous insights series

Te Rau Matatini has developed a resource which aims to enhance the knowledge of Māori models of practice and demonstrate the strengths of Māori in Aotearoa New Zealand. *Indigenous insights, inspiring innovation – kaupapa Māori models of practices, Series 1* has been released and is available on the Te Rau Matatini website.

Download the resource from www.teraumatatini.com. If you'd like to know more about this resource series, please contact Maria Baker, workforce innovations manager, maria.baker@teraumatatini.com

Publications for people working with Māori experiencing addiction-related harm

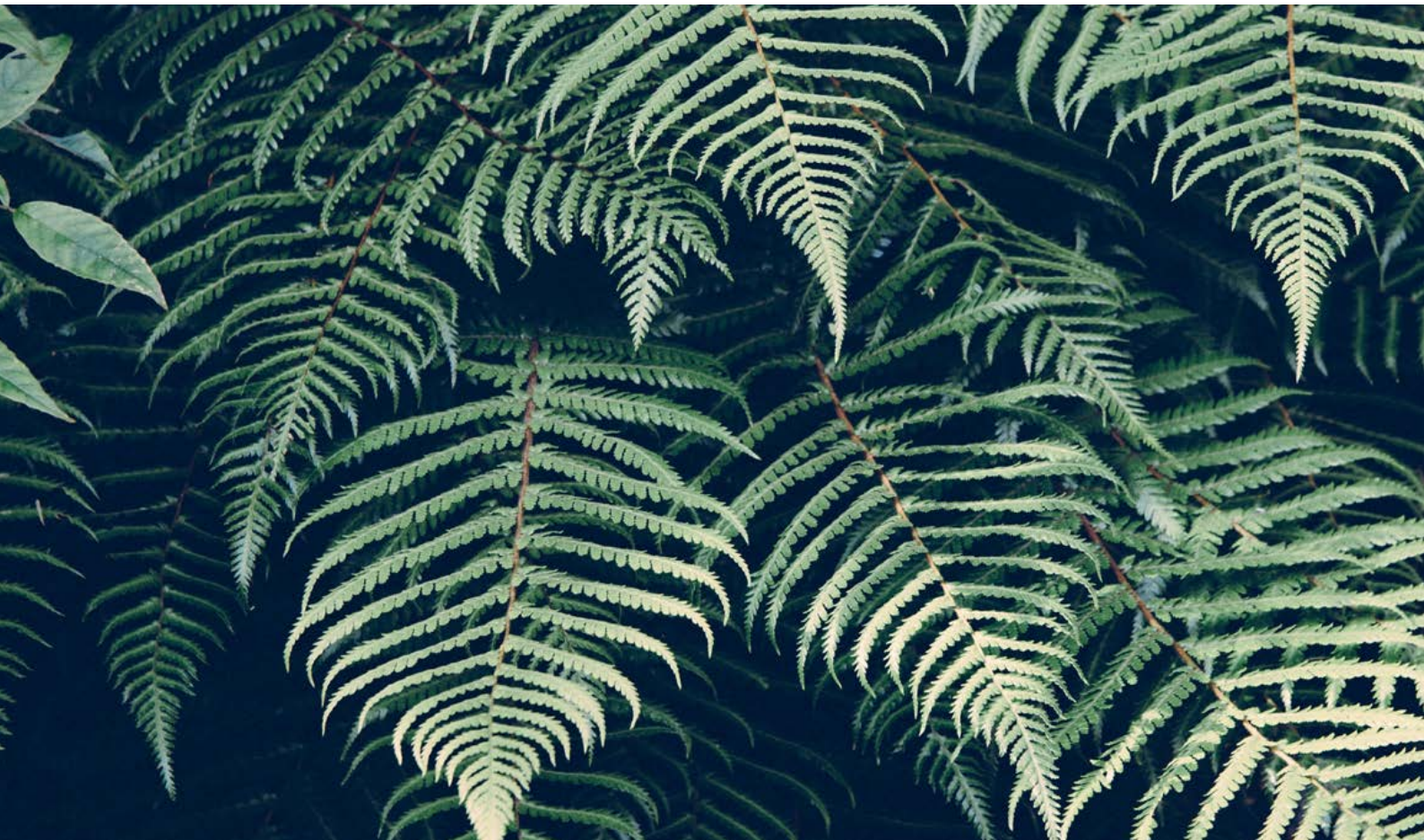
Te Hau Mārire: addiction workforce strategic framework

Te Rau Matatini and Andre MacLachlan are finalising the He Puna Whakaata (working title) resource. Fusing whakaaro Māori and aspects of motivational interviewing this resource includes guides for using value sort exercises centred in te ao Māori, utilising the tapa whā model to develop plans to support change, and a section on supervision and coaching.

Manaaki: Mana enhancing and protecting

Te Rau Matatini will soon be releasing *Manaaki: Mana enhancing and protecting* given the intended change for compulsory assessment and treatment for substance-related conditions. Whānau expect services to work in a way that enhances and protects mana. It is important that services, the Ministry of Health and DHBs understand what manaaki is, in the therapeutic context, and the implications for implementation of the new Act.

Te Rau Matatini publications can be found on its website www.teraumatatini.com





3. Upcoming training and events

Addiction leadership day a great opportunity to network with other leaders

Matua Raki and the National Committee for Addiction Treatment (NCAT) host addiction leadership days three times a year in the main centres to bring together leaders in the addiction sector and facilitate professional networking. The next leadership day will be held at the Jet Park Conference Centre, Auckland Airport on Thursday 21 July.

For more details and to register go to www.matuaraki.org.nz/events

TheMHS Aotearoa 2016

The 2016 TheMHS conference is being held in Auckland from 23-26 August. The theme *People: authenticity starts in the heart* aims to focus attention on everyone involved in the system – people who access services and their families and whānau, people delivering services, people who help guide and shape these services, and people in our communities.

Find out more and register on the TheMHS website www.themhs.org

Cutting Edge 2016 celebrates transformation

The Cutting Edge addictions conference will take place at the Energy Events Centre in Rotorua from 8-10 September. This is New Zealand's key addiction treatment gathering. It provides an excellent opportunity for the sector to get together, network and learn about innovative thinking and

practice. The theme of the conference is transformative practice for individuals and families, organisations and communities.

For more details or to register go to www.cmnzl.co.nz/cutting-edge-2016

National mental health and addiction outcomes forum

The 2016 national outcomes and information forum will be held in Wellington on Friday 4 November. The theme for the day is *Making it matter* and it aims to showcase information use in action, develop new and existing leadership, support collaboration and reinforce the message that information informs leaders.

The forum is aimed at managers and budding information and outcomes leaders.

To find out more and register at www.tepou.co.nz/events

Therapeutic communities (TC) training programme

Following the successful pilot of an addiction TC training programme in Auckland last year, the next programme kicks off this October in Rotorua. This is an intensive 18 week programme consisting of:

- 48 hours of face-to-face facilitated learning delivered as two block courses of three days each
- a 40-hour supervised professional skills practicum in a TC
- 12 hours of self-directed learning.

For more information or if you are interested in attending please contact anna.nelson@matuaraki.org.nz